



## **Rheumatology Update for the Clinician**

**October 10, 2025**

**3:00 pm- 6:30 pm**

**October 11, 2025**

**7:15 am- 3:30 pm**

**Sheraton Los Angeles San Gabriel  
San Gabriel, CA  
Live Conference**

Keck School of Medicine of **USC**

*Presented by:  
Department of Medicine  
Division of Rheumatology  
USC Office of Continuing Medical Education*



# PROGRAM AGENDA

## Friday, October 10, 2025

- 3:00 pm **Registration**  
3:45 pm **Welcome and Opening Remarks**  
*Daniel G. Arkfeld, MD*

### Session I

*Moderator: Daniel G. Arkfeld, MD and Richard S. Panush, MD*

- 3:50 pm **Rheum Derm Clinic: Cases on Lupus, Morphea, and Vasculitis**  
*Stratos Christianakis, MD and Ashley Crew, MD*  
4:20 pm **Music and Rheumatology**  
*Camila Lima, Ruy Folguera, James S. Louie, MD, MACR, and Daniel G. Arkfeld, MD*  
5:10 pm **Sarcoidosis**  
*Kristen Mathias, MD, MHS*  
5:40 pm **Opening Keynote Address**  
**Clinically Pertinent Questions in PsA 2025**  
*Sergio Schwartzman, MD*  
6:20 pm **Questions and Answers**  
6:30 pm **Adjourn**  
6:30 pm **Welcome Reception**

## Saturday, October 11, 2025

- 7:15 am **Registration and Coffee**  
8:00 am **Welcome and Opening Remarks**  
*Daniel G. Arkfeld, MD*

### Session II

*Moderator: Shuntaro Shinada, MD*

- 8:05 am **Understanding the Challenges of Treating Lupus in the 21<sup>st</sup> Century**  
*Lauren Mathias, MD*  
8:45 am **Breakfast Break**  
9:50 am **A Review of Inflammatory Myopathies**  
*Sanjay Chabra, DO*  
10:15 am **Pain Management in Rheumatoid Arthritis**  
*Jay Karri, MD, MPH*  
10:40 am **Break**  
10:55 am **Meet the Professor: Choose Your Discussion**  
**Rheumatoid Arthritis**  
*Kristen Mathias, MD, MHS and Stratos Christianakis, MD*  
**Lupus**  
*Baljeet Rai, MD and Lauren Mathias, MD*  
**Fibromyalgia**  
*Christine Alexopoulos, PA-C and Vikram Reehal, MD*  
**Osteoporosis to Osteoarthritis**  
*Glenn R. Ehresmann, MD and Sky Wang, MD*

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## PROGRAM AGENDA

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**Saturday, October 11, 2025**

### **Meet the Professor, Continued**

- 10:55 am    **Ultrasound**  
*Shuntaro Shinada, MD*
- ANA Testing**  
*Elizabeth Taylor-Albert, MD*
- Educational Activities in Rheumatology**  
*Leanna Wise, MD and fellows*
- Biologics in Rheumatology Conditions**  
*Janet Cho, PharmD and Negin Sazgar, PharmD, APh*
- Unique Approaches to Pain Management in the Rheumatology Patient**  
*Jay Karri, MD, MPH and Allison Arkfeld, MA, LMFT*

11:25 am    **Switch Meet the Professor Discussion**

11:55 am    **Lunch**

### **Session III**

*Moderator: Glenn R. Ehresmann, MD*

- 1:00 pm    **Stump the Chump**  
*Daniel G. Arkfeld, MD, Binh Ngo, MD, Dan La, MD, Andrew Nguyen, DO and Fellows*
- 1:40 pm    **Approach to the College Female Athlete with Rheumatological Issues**  
*R. Elaine Lambert, MD*
- 2:20 pm    **Weekend Warrior Update**  
*Yogi Matharu, PT, DPT, OCS, MBA*
- 2:45 pm    **Rashes in Spondyloarthritis Patients**  
*Binh Ngo, MD*
- 3:10 pm    **Questions and Answers**
- 3:30 pm    **Adjourn**

## FACULTY

### COURSE DIRECTOR



#### **Daniel G. Arkfeld, MD**

Professor of Clinical Medicine  
Division of Rheumatology  
Department of Medicine  
Keck Medicine of USC  
Los Angeles, CA

### GUEST FACULTY

#### **Allison Arkfeld, MA, LMFT**

Somatic Psychotherapist  
Carlsbad, CA

#### **Sanjay Chabra, DO**

Medical Director  
of the Texas Arthritis Center  
El Paso, TX

#### **Ruy Folguera**

Pianist  
Burbank, CA

#### **Jay Karri, MD, MPH**

Assistant Professor, Pain Medicine and Physiatry  
Departments of Orthopaedic  
Surgery and Anesthesiology  
School of Medicine  
University of Maryland  
Baltimore, MD

#### **Dan La, MD**

Physician  
Foothill Arthritis Center  
Tujunga, CA

#### **R. Elaine Lambert, MD**

Adjunct Clinical Associate Professor  
of Sports Medicine  
Department of Orthopaedic Surgery  
Stanford Medicine  
Stanford, CA

#### **Camila Lima**

Singer  
Burbank, CA

#### **James S. Louie, MD, MACR, FACP**

Professor Emeritus  
Rheumatology  
David Geffen School of Medicine of UCLA  
Los Angeles, CA

#### **Kristen Mathias, MD, MHS**

Instructor of Medicine, Rheumatology  
School of Medicine  
The John Hopkins University  
Baltimore, MD

#### **Lauren Mathias, MD**

Assistant Professor, Rheumatology  
Department of Medicine  
University Hospitals Cleveland Medical Center  
School of Medicine  
Case Western Reserve University  
Cleveland, OH

#### **Andrew Nguyen, DO**

Physician  
Kaiser Permanente  
Irvine, CA

#### **Vikram S. Reehal, MD**

Rheumatology  
Huntington Health  
Pasadena, CA

#### **Sergio Schwartzman, MD**

Clinical Associate Professor of Medicine at  
Weill Cornell Medical College  
of Cornell University  
New York-Presbyterian Hospital  
Hospital for Special Surgery in New York City  
Schwartzman Rheumatology  
New York, NY

#### **Sky Wang, MD**

Rancho Los Amigos  
National Rehabilitation Center  
Downey, CA

### USC FACULTY

#### **Yogi Matharu, PT, DPT, OCS, MBA**

Associate Chair, Clinical Services  
Director of Physical Therapy  
Keck Hospital of USC and  
USC Norris Comprehensive Cancer  
Center Division of Biokinesiology and  
Physical Therapy  
Herman Ostrow School of Dentistry of USC

#### **Janet Cho, PharmD, BCGP**

Clinical Staff Pharmacist  
Autoimmune Conditions  
USC Mann School of Pharmacy  
and Pharmaceutical Sciences

#### **Negin Sazgar, PharmD, Aph**

Clinical Staff Pharmacist  
Autoimmune Conditions  
USC Mann School of Pharmacy  
and Pharmaceutical Sciences

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## FACULTY

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### KECK SCHOOL OF MEDICINE OF USC

#### Division of Rheumatology

**Stratos Christianakis, MD**

Chief, Division of Rheumatology  
Associate Professor of Clinical Medicine

**Glenn R. Ehresmann, MD**

Clinical Associate Professor of Medicine

**Richard S. Panush, MD**

Professor Emeritus

**Baljeet Rai, MD**

Assistant Professor of Clinical Medicine

**Shuntaro Shinada, MD**

Assistant Professor of Clinical Medicine

**Elizabeth Taylor-Albert, MD**

Assistant Professor of Clinical Medicine

**Leanna Wise, MD, MPH**

Assistant Professor of Clinical Medicine

**Christine Alexopoulos, PA-C**

Physician Assistant

#### Department of Dermatology

**Ashley Crew, MD**

Clinical Professor of  
Dermatology and Medicine  
Residency Program Director

**Binh Ngo, MD**

Clinical Professor of Dermatology

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## COURSE DESCRIPTION

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Rheumatology Update for the Clinician is designed to provide rheumatologist and primary care physicians with up-to-date information on how to recognize, diagnose, treat and follow common rheumatologic conditions. Distinguished faculty will give didactic lectures on disease-specific topics including: the diagnosis and treatment of RA, TSA, gout, lupus athletic injuries and more. An in-depth exploration of autoimmunity will be presented. The educational format includes case studies and panel discussions, allowing participants the opportunity to attain and integrate new, practical information into their clinical practices to improve patient care and outcomes. Alternative pain modalities in rheumatoid arthritis will also be debated and discussed.

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## EDUCATIONAL OBJECTIVES

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By the end of the course, participants will be able to:

- Analyze new and novel treatment in rheumatic disorders.
- Discuss current guidelines in treating rheumatic disorders.
- Differentiate on a clinical basis from over 150 types of arthritis.
- Distinguish the pathophysiology of RA, SLE, gout, psoriatic arthritis and AS.
- Explore biological agents and pain management used in arthritis.
- Review new developments in the field of rheumatology.
- Explore the role that arthritis has on popular musicians.
- Assess female collegiate athletes with rheumatic disorders.
- Review sport overuse injuries in older adults.

## TARGET AUDIENCE

This course is intended for all levels of healthcare professionals with interest in the care of the rheumatology patient. Audience includes practicing physicians, surgical trainees, medical students, nurses, physicians' assistants and other allied healthcare providers.

## ACCREDITATION STATEMENT

The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## CREDIT DESIGNATION

The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of *7.75 AMA PRA Category 1 Credits™*. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The following may apply *7.75 AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 7.75 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number.

Physician Assistants: The National Commission on Certification of Physician Assistants states that *AMA PRA Category 1 Credits™* accredited courses are acceptable CME requirements for recertification.

## CANCELLATION POLICY

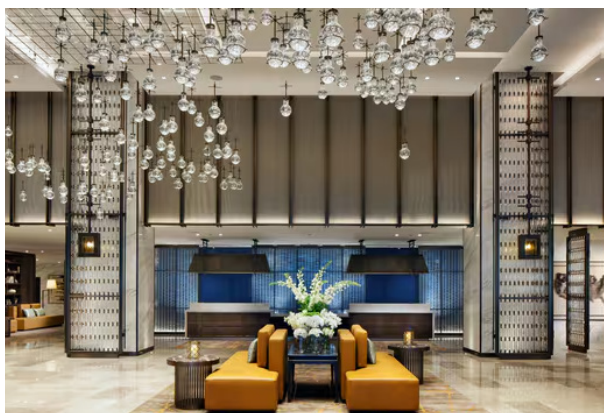
Registration cancellations must be received by the USC Office of CME (fax or email) by October 6, 2025, 12:00 pm PDT for a refund. A \$50 cancellation fee will be applied. In the event of course cancellation by conference organizers, all registration fees will be fully refunded. USC will not refund any travel costs incurred.

## HOTEL RESERVATIONS

For reservations at the Sheraton Los Angeles San Gabriel, please visit the following QR code. Parking is \$13 per car for overnight stay.



Hover your phone's camera over image for reservation link.

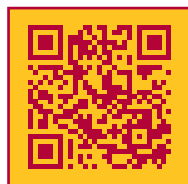


## REGISTRATION FORM

### Rheumatology Update for the Clinician

October 10-11, 2025

Live Conference



#### TUITION

Early bird fees for live registration end on October 6, 2025 at 12:00 pm PDT.  
After October 6, 2025: Please register on-site on October 10, 2025.

	Early Bird	After October 6
MD/DO	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175
NP/PA/APP	<input type="checkbox"/> \$100	<input type="checkbox"/> \$125
RN/AH	<input type="checkbox"/> \$100	<input type="checkbox"/> \$125
Fellow/Resident/Student	<input type="checkbox"/> \$35	<input type="checkbox"/> \$35

#### LOCATION

Sheraton Los Angeles San Gabriel Hotel: 303 East Valley Boulevard  
San Gabriel, California, 91776

#### PARKING

Self-parking rate is \$13 per car for overnight and conference attendees.

#### REGISTRATION

Mail: Office of CME, 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033  
Mail-in registration must be postmarked by October 6, 2025.

Online: [keckusc.cloud-cme.com/rheum2025](https://keckusc.cloud-cme.com/rheum2025)

Phone: (323) 442-2555 Fax: (323) 442-3734 for AMEX, Mastercard, Visa

Email: [usceme@usc.edu](mailto:usceme@usc.edu) | Website: [keckusc.cloud-cme.com/rheum2025](https://keckusc.cloud-cme.com/rheum2025)

On-site: Available October 10, 3:00 pm and October 11, 7:15 am  
at the Sheraton Los Angeles San Gabriel Hotel.

Name \_\_\_\_\_

Degree \_\_\_\_\_ Medical License Number \_\_\_\_\_

Email Address\* \_\_\_\_\_ Phone number \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip Code \_\_\_\_\_ Specialty \_\_\_\_\_

Institutional Affiliation \_\_\_\_\_

Special Dietary or Physical Needs \_\_\_\_\_

We Strive to accommodate dietary recommendations. Please note that not all food items may meet special requirements. Food items will be labeled for your convenience.

\*Registration confirmation and event reminder will be emailed.

#### METHOD OF PAYMENT

No cash accepted.

☐ Check (Payable to USC. Check payment must be postmarked by October 6, 2025)

☐ Credit Card (Mastercard or Visa. AMEX by Phone/Mail/Fax only)

Credit Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

Authorized Signature \_\_\_\_\_ Amount \_\_\_\_\_



COURSES ARE SUBJECT TO CANCELLATION.

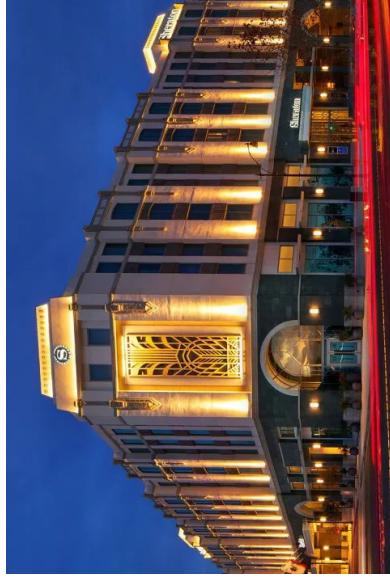


# Keck School of Medicine of USC

Office of Continuing Medical Education

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Los Angeles, CA 90033



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U.S. Postage  
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California